

THINKING BIG FOR HAPPY, HEALTHY SCHOOLS

The Big Think is a new exciting **personal development and wellbeing programme** designed for all primary schools where the health and pastoral care of children and staff is a priority (the-big-think.org).



This comprehensive, time-saving programme with **88 fully-resourced Assembly and Lesson kits** (44 for ages 4-7 and 44 for ages 7-11) uses a variety of engaging teaching techniques, including relaxing Silent Sitting visualisations, storytelling, discussions, singing and journaling, to improve participants' happiness, health and enjoyment of learning.

This practical, **whole-school, whole-child programme** promotes an inspiring approach that creates a happy, healthy environment benefitting children and staff.

Following the intense focus on academic outcomes over the past two decades, this holistic, experiential learning resource is a welcome relief. Its stimulating, integrated format constantly nurtures essential **social and emotional skills, individuals' unique character strengths** and **growth mindsets** along with attractive **personal qualities** and **good habits**, ... and the practical **training** enhances **teachers' skillsets**.

PLUS with all its contemporary stories and relevant topics explored, including many concerns, anxieties and issues children aged from 4 to 11 are facing ... it's ideal for **PSHE, SMSC, British Values, Citizenship** and **Relationships Education**.

So whatever the young citizens' starting points in life, schools using **The Big Think** can enjoy seeing all their pupils gradually blossoming, empowered with competencies that enable them to fulfil their true potential and lead happy, productive lives throughout their school careers and as the future unfolds.

