

THINKING BIG AS A “WELLBEING SCHOOL”

The tide is turning with a very welcome shift from the intense focus on high-stakes academic outcomes to a more rounded, holistic approach to education that embraces the whole person – *and this is why our new Personal Development and Wellbeing programme, The Big Think, is such exciting news for those who teach children, especially those aged from 4 to 11* (the-big-think.org).



The **Starter Lesson kit** helps to nourish a collaborative culture, central to which is the **wellbeing** of everyone making up the school community. During the **Values Dialogue**, the children are introduced to the programme’s 5 universal values of **Truth, Love, Peace, Responsibility** and **Community** and they talk about how they might apply them in real life.

The **Big Think** comprises **88** **Assembly and Lesson kits** that unite the entire school since their intention is to reinforce all the school is doing to ensure every single child feels safe and happy and therefore is able to flourish as a unique individual and achieve.



Initially the children determine how together they will try and live the 5 values for themselves, their class, their school, their communities and their world. Over time they try out different values and choose those that make sense personally, and use them to build their characters and lead happy, healthy, fulfilling lives.